

**22nd Anniversary Canoe & Clean-up
"Swatara, A River of Dreams"
May 1-2, 2010**

Trip Registration Form

Name _____ Phone _____
 Email _____
 Address _____
 City _____ State _____ Zip _____

Check All That Apply

- I will pick up litter.
 - I will help with registration.
 - I am experienced and interested in scouting and lead canoe.
 - I am experienced & interested in sweep canoe.
 - I am certified in First Aid & CPR, and I will carry a first aid kit (provide copy of certification)
 - I will serve on the safety team. Provide copies of all certifications—ACA, PADI, F&B....
 - I will help shuttle drives. Copy of drivers license needed for insurance.
 - I would like to sponsor the sojourn. Contact me.
 - Describe your craft—make, color, length
- _____
- Without compensation, I give permission for my photo or likeness to be used in any medium.
 - I understand that I will canoe the Swattie and/or pick up litter at my own risk.

_____ your signature
 _____ partner's signature
 In addition to signing this hold harmless release, parents must accompany minors or designate a responsible adult.
 _____ Parent's signature

Saturday
 \$25 x _____ adults = \$ _____
 \$ 5 x _____ children = \$ _____
 I will stay for dinner I will camp overnight

Sunday
 \$25 x _____ adults = \$ _____
 \$ 5 x _____ children = \$ _____

Annual SWA Membership (optional) \$20 \$ _____
 Total amount enclosed with registration \$ _____

Mail checks to SWA-2302 Guilford St., Lebanon PA 17046

2010 PA River Sojourns

Canoeing and kayaking are among the fastest growing outdoor activities in the US. And it's no wonder, experiencing the sights, smells, sounds, and feeling of nature all around you as you travel under your own power is a unique way to leave the rat race behind. With more than 83,000 river miles, PA offers a delightful surprise around every bend of the creek.

Each sojourn is full of entertaining activities and presentations, which last year attracted over 14,000 spectators. Fishing and boating demonstrations, work-shops, and product demonstrations can help develop your techniques, serve as a refresher, or allow you to try the latest kayak or canoe. Enjoy the camaraderie inspired by outdoor exercise and companionship. Bald eagles, waterfowl, whitetail deer, and river otters have all been sighted during past river sojourns. What will you see?

- Swatara Creek Sojourn – May 1-2, 2010
- Schuylkill River Sojourn
- Juniata River Sojourn
- Delaware River Sojourn
- Susquehanna River Sojourn
- Ohiopyle Falls Festival

For more information, visit
www.pawatersheds.org/sojourn
 Make this summer a memorable one!

Organized by the Swatara Creek Association

Swatara Sojourn

ready set paddle

***"Swatara, A River of Dreams" 22nd Anniversary
May 1-2, 2010***

Target Area: Swatara

Canoe 30 river miles starting at 1929 Black's Bridge Road, East Hanover Township, Lebanon County and ending at the PA Fish & Boat Launch, Middletown,



In 1989, Swatara Watershed Association organized their first canoe trip. That was **22 years** ago. Since then, thousands of tires, tons of trash, and recyclables have been removed from the Swatara—making it a cleaner river. Each year around 100 participants join in a celebration and education of this most precious resource that is the lifeblood of our communities. Mark your calendars, and register today!

Dauphin County. The sojourn will last 2 days and 1 night. We have safety personnel who have completed the PA Fish & Boat Water Rescue course as well as PADI (Professional Association of Divers) Medic First Aid and Rescue Diver courses; are professional river guides; paramedics, & others.

Detailed Itinerary to be announced.

IMPORTANT INFORMATION

Twelve municipalities: Lebanon & Dauphin Counties; East Hanover, North Annville, North Londonderry, Derry, South Hanover, Lower Swatara, Hummelstown, Middletown, Royalton, Swatara.

REGISTRATION: DEADLINE - April 29, 2010. Mail to 2302 Guilford St., Lebanon PA 17046. It is important to sign in upon arrival, and so that we know you're safe, when exiting the Swatara, you must let us know.

SAFETY: NO ALCOHOL!

LIFE JACKETS MUST BE WORN! Also carry a whistle and license your canoe.

LEAD & SWEEP CANOES: Stay behind the assigned lead canoe that has scouted the Swattie for obstacles before the trip. Also, do not fall behind the sweep (last) canoe carrying first aid and patch kits. STRICTLY ENFORCED.

START TIME: Assigned 9:30 or 10am start, depending on # of people. **SAFETY BRIEFING EACH DAY. ATTENDANCE MANDATORY!**

DONATION: \$20/adult/day and \$5/child/day (12 & under) helps to defray the cost of brochures, confirmations & food. *Sorry, no refunds.*

LITTER: Pleasure boaters, scouts, churches, and families are both encouraged and welcome! In observance of National Water Week, you can leave the Swattie a little nicer than you found it by leaving room in your canoe for litter.



IMPORTANT INFORMATION

EDUCATIONAL: See and experience our local treasures of natural beauty and geological formations (limestone outcrops), historical Union Canal Locks, and recreation.

PREPARATION: Read the canoe brochure enclosed with your registration confirmation. Also, be prepared to walk through wetlands and cow ploppers, observe birds and other wildlife, identify aquatic insects, portage canoes, get drizzled on, fall in & have blue lips the rest of the day, eat good food, enjoy good company, and take home lusty tales of adventure.

NO CANOE? You can make separate canoe rental arrangements. \$30 includes 1 canoe, 2 paddles, & 2 life vests for one day as well as pickup of the canoe. Add the second day of rental for only \$5. Call (717)838-9580. **Emphasis added:** Registration for canoe trip is separate. Lickdale Campground has a few kayaks for rent too (877) or (717)865-6411.

BRING: In addition to your canoe, bring enthusiasm, warm clothes and rain gear (a garbage bag will do). Also, boots, a seat cushion, binoculars, field guides, gloves, a hand-held shovel, suntan lotion, insect repellent, wide-brimmed hat, and pocket knife in a waterproof pack fastened to your canoe might come in handy. This is the only time we recommend disposable, waterproof cameras. Cutting off the bottom (at an angle) of an old laundry detergent or other plastic bottle can make a handy dandy "bailer" to remove water from your canoe. So it's not lost if you tip, fasten the "bailer" at the handle with a rope to your canoe.

QUESTIONS: Call (717)644-4698. If trip is postponed, there will be a message on the machine. email: Litz@mbcomp.com or visit our web site <http://www.SwataraWatershed.com>

The Swatara Sojourn is made possible by the generous contributions of sponsors:

- Army National Guard
- Bayer
- Chesapeake Bay Gateways Network/National Park Service
- Dauphin County Conservation District
- DCNR/Swatara State Park
- Derry Township
- First Energy
- Greater Lebanon Refuse Authority
- The Hershey Company
- Hershey Highmeadow Campgrounds
- Rhonda R. Hess & Associates
- Hummelstown Boro
- Indian Echo Caverns
- Izaak Walton League
- Simon S. Kettering & Sons, Inc.
- League of Women Voters of Lebanon County
- Lebanon County Conservation District
- Lebanon Valley Conservancy
- Lickdale Campgrounds
- Mease Auto Rentals
- National River Cleanup
- PA American Water Company
- PA Fish & Boat Commission
- Pine Grove/Twin Grove Park KOA
- POWR-PA Organization of Watersheds & Rivers
- Schuylkill Conservation District
- Seltzer's Bologna
- Susquehanna River Basin Commission
- Swatara Watershed Association
- Swiss Premium Dairy



Special Recognition to our local media who help us to promote the Swatara Sojourn. Thank You!

- Lebanon Daily News
- Patriot News
- WLBR/WQIC Radio
- WGAL TV 8
- WHTM TV 27

Swatara Sojourn May 1-2, 2010
22nd Anniversary

